

## Research Centre of the International Theatre Institute

1-21<sup>st</sup> August 2016, Berlin

### XII International Theatre Summer Academy

Artistic Direction by Dr. Jurij Alschitz

Acting pedagogue Christine Schmalor

### Train(ing) to Performance

Welcome to travel with us!

The 12th International Theatre Summer Academy, AKT-ZENT welcomes actors, directors and acting teachers to experience "Training as Method" in full.

Over the course of forty years' professional experience, Dr. Jurij Alschitz has developed many different training and rehearsal methods united in their focus on breaking down barriers between the interdisciplinary processes of teaching, research and performance.

In this three-week Theatre Summer Academy, participants will have the chance to practically experience this principle for themselves. We will be reflecting methodically on the training and all the working steps of rehearsal, finally leading to a presentation of

#### ***Anton. P. Chekhov's "The Lady with the Dog"***

We invite you to cast aside conventional training and rehearsal methods developed in theatres throughout the previous century. Risk exploring techniques long since adopted by modern science, to open up new ways to unfolding creativity through spherical mind-mapping, the fractal-principle, the fourth dimension and the principle of serendipity amongst others.

It all begins with ***The Art of Training***. Each training session should be regarded as a performance and conducted following the principles of good direction. The trainer, be they a director or an educational instructor, may ultimately transform into a magician, who sends the actor or student on an artistic journey with different tasks and exercises, culminating in the organic development of a fully realised production. This freely developing creative process, this small miracle can occur even within an hour lesson, but it must be conducted during the whole rehearsal period. That is our art: harnessing the creative energy of each and every participant and helping it to blossom.

With his specifically designed method ***Asking Questions of a Role***, Jurij Alschitz has been able to transform the dry word *analysis* into a tool which makes actors running on-stage. ***Training and Analysis*** is not just a technical account of the creative process, but offers liberating ways to pursue imagination and creative development. When you are able to take each step of the artistic process and form it through the ***Art of Composition***, a creative environment of playful ease can be created. If this is successful, even within the shortest space of time, an ***Ensemble*** can be fostered, which is capable of uniting onstage and offstage forces to create a fully realised performance.

This International Theatre Summer Academy is different from traditional acting seminars. As the Research Centre of the International Theatre Institute, AKT-ZENT follows the aim to combine **scientific research with acting practice**. Above all, AKT-ZENT strives to pass the results of this methodological research on to the next generation of theatre-makers.

Here at AKT-ZENT, artists are educated to be independent researchers devoted to their own artistic training and the further development of theatre as a whole.

The lessons will take the form of an intensive module. Students will be expected to undertake extensive preparation beforehand. The preparatory tasks will be sent out in advance and we also offer to establish an ongoing dialogue between participants and the leader of studies even before.

To have a true to life rehearsal experience, we are open to applications from people with varying levels of experience, training and expertise – teachers and students, directors and actors of all ages are all welcome!



Selected topics - see below - will be explored following the principle of **Spherical Education** - addressing them in their relation to one another. Artistic intuition and the methodological professionalization of tools must form a unity which leads to ultimate independence and autonomy.

**Training as Method** contains much more than just individual exercises. It paves the way for a fundamental shift in one's own artistic attitude and one which upholds the belief that our artistic lives is a long series of continually-developing exercises.

Listen to Jurij Alschitz: [Training as Method](#)



**Energie** – What is its source? How to find energy, and where? How to keep it and how to spend it? How to transform it? When we are speaking about the energy of creation -what do we mean, and how unlock its potential?

**The Art of Monologue and the Art of Dialogue** – Which questions should I ask of one role? How do I explore complicated thoughts on stage as playful experience? How can I connect improvisation, composition and energy? In which dialogue do I find myself - in a "dialogue of battle" or in a "dialogue of agreement"? What actually is a "spherical dialogue"?

**Training & Rehearsal Methods** – What is the purpose of rehearsal? Is the repetition an art or a way which leads to cliché? Is there a universal method or one hundred different keys? How can I use Étude and improvisation? What is the "Big-Bang Method"?

**The Pause** – Do we always have to speak on stage?



## Information

Language of tuition: English, on stage: mother tongue

Working hours: all day. Training, lectures, individual rehearsals, work presentations.

## Application procedure

Please send your CV, a recent photo and include a short motivation letter. Only after payment of the registration fee will your place be reserved and you will receive the preparation materials.

## Tuition fee

Students/young artists (until 26)  
**580 €**

professional actors, directors and trainers  
**980 €**

Method of payment: transfer 180 € as part of the registration process to  
AKT-ZENT e.V. : IBAN: DE89 1005 0000 0230 0322 06 . BIC: BELADEBEXXX

The remaining tuition fee is payable until the first day of tuition.

In case of cancellation, refunds are only possible, if you send a participant substituting your place.

## More information and application

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